

## Kvaltider Sum-Sim (50m) 2021 - 2022

Grenar	Flickor								Pojkar							
	13-14		15		13-15		Ind 16/lag 15-16		13-14		15		13-15		Ind 16/lag 15-16	
	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m
50m frisim							00:28,22	00:29,06							00:25,74	00:26,57
100m frisim	01:01,29	01:03,50	01:01,05	01:02,97			01:00,89	01:02,77	00:58,17	01:00,87	00:56,41	00:58,75			00:55,37	00:57,71
200m frisim					02:11,30	02:16,04	02:11,30	02:16,04					02:03,38	02:08,91	02:02,76	02:08,53
400m frisim	04:43,53	04:54,87	04:43,08	04:51,42			04:40,73	04:50,51	04:32,02	04:45,46	04:26,99	04:38,27			04:22,82	04:37,18
800m frisim					09:36,70	10:03,26	09:36,70	10:03,26					09:08,95	09:47,07	09:08,95	10:00,60
1500m frisim					18:49,27	20:22,99	18:49,27	20:22,99					17:50,37	18:54,21	17:50,37	19:45,11
4x100m frisim	04:17,32	04:26,16					04:06,35	04:13,84	04:04,91	04:15,72					03:46,17	03:55,52
4x200m frisim	09:27,95	09:52,16					08:56,92	09:15,88	09:07,84	09:41,08					08:28,16	08:51,24
50m bröstsim							00:35,75	00:36,90							00:32,54	00:34,15
100m bröstsim	01:17,13	01:20,51	01:17,13	01:20,51			01:17,13	01:20,51	01:14,23	01:18,51	01:12,22	01:16,25			01:11,58	01:14,71
200m bröstsim					02:43,91	02:51,73	02:43,91	02:51,73					02:35,27	02:44,66	02:35,27	02:48,13
50m ryggsim							00:32,37	00:33,88							00:29,95	00:31,76
100m ryggsim	01:09,34	01:13,16	01:09,34	01:13,06			01:08,91	01:12,63	01:06,65	01:11,23	01:05,21	01:09,24			01:04,12	01:08,29
200m ryggsim					02:27,76	02:35,35	02:27,76	02:35,35					02:20,42	02:28,86	02:20,42	02:32,24
50m fjärilsim							00:30,65	00:31,23							00:27,96	00:28,74
100m fjärilsim	01:08,37	01:11,48	01:08,37	01:10,47			01:08,20	01:10,43	01:05,45	01:09,44	01:03,46	01:06,07			01:02,29	01:04,82
200m fjärilsim					02:34,85	02:41,15	02:34,85	02:41,15					02:26,72	02:33,37	02:26,72	02:41,81
200m medley	02:31,29	02:37,97	02:31,29	02:37,39			02:30,64	02:36,31	02:24,22	02:32,18	02:21,60	02:27,95			02:19,57	02:27,22
400m medley					05:13,65	05:33,53	05:13,65	05:33,53					04:56,15	05:17,86	04:56,15	05:25,83
4x100m medley	04:56,53	05:09,05					04:39,19	04:50,40	04:32,77	04:48,33					04:13,08	04:25,25