

50m bana / Long Course

DAMER/WOMEN

50m frisim/free

25-29	Hanna-Maria Seppälä	25.87	2012-01-28	FIN
30-34	Suvi Pulkkinen	26.44	2019-08-15	FIN
35-39	Riikka Majander	27.16	2020-10-25	FIN
40-44	Raakel Luoto	27.29	2017-08-17	FIN
45-49	Anette Philipsson	27.68	2012-06-13	SWE
50-54	Anette Philipsson	27.79	2015-08-13	SWE
55-59	Anette Philipsson	28.84	2023-08-08	SWE
60-64	Elin Knag	31.01	2019-08-15	NOR
65-69	Elin Knag	31.51	2024-02-29	NOR
70-74	Britt-Marie Axling	34.13	2016-05-29	SWE
75-79	Britt-Marie Axling	35.73	2022-09-02	SWE
80-84	Britt Grilli	42.14	2009-09-19	SWE
85-89	Britt Grilli	48.64	2013-09-06	SWE
90-94	Kerstin Gjores	1:04.79	2017-08-17	SWE

100m frism/free

25-29	Suvi Pulkkinen	0:58.76	2015-08-13	FIN
30-34	Suvi Pulkkinen	1:00.57	2018-10-27	FIN
35-39	Riika Majander	1:00.62	2021-10-23	FIN
40-44	Raakel Luoto	0:59.53	2017-06-04	FIN
45-49	Anna Hammar	1:01.15	2013-09-05	SWE
50-54	Anette Philipsson	1:01.51	2015-08-11	SWE
55-59	Lise Lothe	1:05.06	2022-06-11	NOR
60-64	Gunilla Rasmuson	1:10.19	2017-11-25	SWE
65-69	Britt-Marie Axling	1:16.20	2011-06-18	SWE
70-74	Margareta Rainer	1:21.90	2019-10-26	SWE
75-79	Elisabeth Ketelsen	1:25.59	2018-06-17	DEN
80-84	Britt Grilli	1:39.97	2009-09-18	SWE
85-89	Britt Grilli	1:49.00	2013-09-05	SWE

200m frism/free

25-29	Marina Heller Hansen	2:05.81	2019-08-14	DEN
30-34	Marina Heller Hansen	2:06.34	2024-03-03	DEN
35-39	Åsa Neij	2:16.77	2010-07-31	SWE
40-44	Merete Løvberg	2:14.43	2010-08-10	NOR
45-49	Merete Løvberg	2:13.00	2016-05-26	NOR
50-54	Merete Løvberg	2:19.14	2018-05-12	NOR
55-59	Lise Lothe	2:24.54	2023-01-28	NOR
60-64	Margareta Rainer	2:39.17	2009-08-15	SWE
65-69	Margareta Rainer	2:49.85	2014-08-05	SWE
70-74	Elisabeth Ketelsen	3:00.59	2015-08-12	DEN
75-79	Elisabeth Ketelsen	3:15.46	2018-09-03	DEN
80-84	Elisabeth Ketelsen	3:34.97	2024-03-03	DEN
85-89	Britt Grilli	4:06.65	2013-09-03	SWE

50m bana / Long Course

400m frisim/free

25-29	Louise Delani	4:30.94	2013-09-02	DEN
30-34	Ann Christiansen	4:43.83	1998-06-23	SWE
35-39	Åsa Neij	4:41.58	2010-07-31	SWE
40-44	Susanna Rosén	4:49.24	2006-08-10	SWE
45-49	Susanna Rosén	4:45.65	2009-09-18	SWE
50-54	Susanne Metzsch	5:02.55	2022-08-29	DEN
55-59	Susanne Metzsch	5:13.67	2023-05-29	DEN
60-64	Margareta Rainer	5:34.28	2009-08-14	SWE
65-69	Margareta Rainer	5:59.90	2014-08-09	SWE
70-74	Margareta Rainer	6:26.06	2019-10-25	SWE
75-79	Elisabeth Ketelsen	7:00.45	2018-06-16	DEN
80-84	Elisabeth Ketelsen	7:51.73	2024-02-26	DEN
85-89	Eva-Britt Widahl	9:24.39	2011-06-17	SWE

800m frisim/free

25-29	Mathilde Riis Sørensen	9:30.25	2014-05-10	DEN
30-34	Grith Sigsgaard	9:35.28	2003-03-15	DEN
35-39	Åsa Neij	9:31.56	2010-07-31	SWE
40-44	Merete Løvberg	9:49.56	2010-07-31	NOR
45-49	Susanna Rosén	9:43.99	2009-09-15	SWE
50-54	Mari Kasvio	10:36.37	2022-08-28	FIN
55-59	Karin Elmberg	10:50.57	2016-11-18	SWE
60-64	Margareta Rainer	11:42.99	2009-09-15	SWE
65-69	Margareta Rainer	12:11.14	2014-08-03	SWE
70-74	Margareta Rainer	12:59.86	2019-10-25	SWE
75-79	Elisabeth Ketelsen	14:08.52	2018-06-06	DEN
80-84	Elisabeth Ketelsen	15:42.32	2023-08-05	DEN
85-89	Lis Knutzen	22:35.01	2005-08-16	DEN

1500m frisim/free

25-29	Eva Mortensen	17:55.84	1996-04-01	DEN
30-34	Grith Sigsgaard	18:23.39	2003-04-19	DEN
35-39	Grith Sigsgaard	18:37.27	2007-04-22	DEN
40-44	Grith Sigsgaard	19:09.40	2015-05-10	DEN
45-49	Lise Lothe	20:28.90	2016-06-03	NOR
50-54	Karin Elmberg	20:25.06	2015-11-27	SWE
55-59	Anna-Mari Kärräjämies	21:00.29	2020-10-23	FIN
60-64	Margareta Rainer	23:35.52	2013-11-15	SWE
65-69	Margareta Rainer	24:18.70	2015-11-27	SWE
70-74	Elisabeth Ketelsen	26:01.28	2015-06-13	DEN
75-79	Elisabeth Ketelsen	29:17.80	2022-11-18	DEN
80-84	Lis Knutzen	42:21.78	2004-10-15	DEN

50m bana / Long Course

50m ryggsim/back

25-29	Maria Seppälä	29.75	2012-01-28	FIN
30-34	Suvi Pulkkinen	30.39	2019-08-18	FIN
35-39	Camilla Johansson-Sponseller	31.95	2011-06-18	SWE
40-44	Raakel Luoto	30.40	2017-06-04	FIN
45-49	Camilla Johansson-Sponseller	32.53	2019-08-18	SWE
50-54	Lise Lothe	33.06	2017-08-17	NOR
55-59	Lise Lothe	34.22	2022-09-01	NOR
60-64	Margit Ohlsson	37.14	2009-09-17	SWE
65-69	Margit Ohlsson	37.11	2011-09-07	SWE
70-74	Margit Ohlsson	38.69	2015-10-24	SWE
75-79	Elisabeth Ketelsen	42.72	2018-06-16	DEN
80-84	Elisabeth Ketelsen	46.42	2023-08-11	DEN
85-89	Kerstin Gjören	57.14	2012-06-14	SWE
90-94	Kerstin Gjören	1:06.84	2017-08-20	SWE

100m ryggsim/back

25-29	Erica Pakkala	1:08.98	2012-06-15	FIN
30-34	Gitte Raagaard	1:08.46	2004-06-09	DEN
35-39	Camilla Johansson-Sponseller	1:07.44	2010-08-05	SWE
40-44	Raakel Luoto	1:06.32	2017-08-19	FIN
45-49	Camilla Johansson-Sponseller	1:09.42	2019-08-17	SWE
50-54	Lise Lothe	1:11.48	2017-04-24	NOR
55-59	Lise Lothe	1:13.23	2022-09-02	NOR
60-64	Margit Ohlsson	1:22.28	2009-09-19	SWE
65-69	Margit Ohlsson	1:21.81	2010-08-05	SWE
70-74	Margit Ohlsson	1:25.20	2015-05-09	SWE
75-79	Elisabeth Ketelsen	1:33.47	2018-06-16	DEN
80-84	Elisabeth Ketelsen	1:39.25	2023-05-29	DEN
85-89	Kerstin Gjören	2:07.47	2012-06-15	SWE
90-94	Kerstin Gjören	2:27.81	2017-08-19	SWE

200m ryggsim/back

25-29	Erica Pakkala	2:32.45	2012-06-11	FIN
30-34	Lise Lothe	2:29.58	1998-06-19	NOR
35-39	Camilla Johansson-Sponseller	2:26.58	2010-08-01	SWE
40-44	Camilla Johansson-Sponseller	2:32.05	2017-08-15	SWE
45-49	Camilla Johansson-Sponseller	2:33.81	2019-08-13	SWE
50-54	Lise Lothe	2:37.54	2018-09-06	NOR
55-59	Lise Lothe	2:37.98	2022-09-01	NOR
60-64	Margit Ohlsson	3:00.06	2005-08-19	SWE
65-69	Margit Ohlsson	3:00.24	2011-09-08	SWE
70-74	Margit Ohlsson	3:06.24	2015-10-24	SWE
75-79	Elisabeth Ketelsen	3:23.72	2018-06-17	DEN
80-84	Elisabeth Ketelsen	3:45.95	2024-02-27	DEN
85-89	Kerstin Gjören	4:45.60	2012-06-11	SWE
90-94	Kerstin Gjören	6:16.14	2017-08-15	SWE

50m bana / Long Course

50m bröstsim/breast

25-29	Suvi Pulkkinen	33.02	2016-05-26	FIN
30-34	Suvi Pulkkinen	33.51	2019-08-18	FIN
35-39	Anna-Karin Lundin	33.85	2011-06-17	SWE
40-44	Anna Hammar	35.05	2012-06-13	SWE
45-49	Anna Hammar	35.18	2013-05-18	SWE
50-54	Anna Hammar	36.36	2019-10-26	SWE
55-59	Pia Thulstrup	36.59	2017-08-20	DEN
60-64	Pia Thulstrup	38.47	2024-02-28	DEN
65-69	Elin Knag	41.33	2024-02-28	NOR
70-74	Bitte Axling	46.01	2017-08-20	SWE
75-79	Britt-Marie Axling	47.96	2022-09-02	SWE
80-84	Ulla-Britt Öberg	56.29	2014-11-28	SWE
85-89	Lis Knutzen	1:05.98	2005-10-21	DEN
90-94	Lis Knutzen	1:34.13	2010-05-08	DEN

100m bröstsim/breast

25-29	Louise Dalgaard	1:12.91	2018-09-07	DEN
30-34	Annelie Jönsson	1:16.39	2016-05-27	SWE
35-39	Anna-Karin Lundin	1:14.84	2011-06-18	SWE
40-44	Satu Rahkonen	1:18.17	2018-10-28	FIN
45-49	Satu Rahkonen	1:21.20	2023-10-29	FIN
50-54	Kate Sørensen	1:22.70	2012-06-11	DEN
55-59	Pia Thulstrup	1:20.82	2016-05-27	DEN
60-64	Pia Thulstrup	1:25.05	2024-02-27	DEN
65-69	Elin Knag	1:35.10	2024-02-27	NOR
70-74	Margareta Rainer	1:47.29	2019-10-27	SWE
75-79	Anja Selenius	1:58.67	2013-10-26	FIN
80-84	Heli Paalosalo	2:07.39	2019-10-27	FIN
85-89	Lis Knutzen	2:29.10	2005-10-21	DEN
90-94	Lis Knutzen	3:30.83	2010-05-08	DEN

200m bröstsim/breast

25-29	Amalie Hyldebrandt Falck-Schmidt	2:42.72	2016-05-29	DEN
30-34	Annelie Jönsson	2:46.03	2015-06-13	SWE
35-39	Kjersti Helene Hernæs	2:46.79	2017-04-29	NOR
40-44	Kjersti Helene Hernæs	2:46.01	2019-05-11	NOR
45-49	Satu Rahkonen	2:54.81	2023-10-28	FIN
50-54	Kate Sørensen	3:01.03	2011-05-07	DEN
55-59	Pia Thulstrup	3:01.70	2016-11-19	DEN
60-64	Pia Thulstrup	3:13.02	2024-03-02	DEN
65-69	Margareta Rainer	3:37.03	2014-08-08	SWE
70-74	Margareta Rainer	3:52.98	2019-10-26	SWE
75-79	Grethe Bendtsen	4:14.40	2006-05-06	DEN
75-79	Anja Selenius	4:14.40	2013-10-26	FIN
80-84	Lis Knutzen	4:55.24	2001-07-03	DEN
85-89	Lis Knutzen	5:51.45	2005-10-21	DEN

NORDISKA MASTERSREKORD

2024-03-27

50m bana / Long Course

50m fjärilsim/fly

25-29	Linda Lund Kristiansen	27.90	2010-08-07	DEN
30-34	Suvi Pulkkinen	27.75	2019-08-14	FIN
35-39	Anna Lohmann	29.25	2013-11-16	SWE
40-44	Raakel Luoto	28.68	2017-08-16	FIN
45-49	Anna Hammar	29.89	2013-09-05	SWE
50-54	Anette Philipsson	30.29	2015-08-12	SWE
55-59	Maria Norberg	31.60	2018-09-06	SWE
60-64	Torill Bergesen	34.87	2017-08-16	NOR
65-69	Britt-Marie Axling	37.78	2013-10-04	SWE
70-74	Britt-Marie Axling	39.65	2016-05-28	SWE
75-79	Grethe Bendtsen	54.03	2006-05-06	DEN
75-79	Heli Paalosalo	54.03	2015-10-25	FIN
80-84	Birgitta Hjalmarsson	1:03.17	2017-08-16	SWE

100m fjärilsim/fly

25-29	Marina Heller Hansen	1:03.07	2019-08-15	DEN
30-34	Marina Heller Hansen	1:03.13	2024-02-27	DEN
35-39	Anna Lohmann	1:07.19	2010-05-08	SWE
40-44	Marianne Fuglestveit	1:08.21	2017-08-17	NOR
45-49	Marianne Fuglestveit	1:09.21	2022-06-11	NOR
50-54	Anette Philipsson	1:09.90	2016-11-19	SWE
55-59	Petra Thodin	1:17.69	2023-10-28	FIN
60-64	Maria Rhodin	1:30.77	2016-05-26	SWE
65-69	Harriet Bure	1:36.88	2012-06-13	SWE
70-74	Harriet Bure	1:41.61	2016-05-26	SWE
75-79	Bitrhe Møller Jensen	2:34.81	2007-08-28	DEN

200m fjärilsim/fly

25-29	Christina Larsen	2:26.99	2000-08-01	DEN
30-34	Mette Jacobsen	2:13.60	2006-05-06	DEN
35-39	Anna Lohmann	2:33.63	2010-08-05	SWE
40-44	Marianne Fuglestveit	2:33.58	2017-08-19	NOR
45-49	Marianne Fuglestveit	2:36.62	2022-06-10	NOR
50-54	Jannie Aarkrogh Steen	3:06.20	2018-09-07	DEN
55-59	Ingrid Lindelöw-Berntsson	3:11.03	2023-08-10	SWE
60-64	Harriet Bure	3:29.66	2006-08-09	SWE
65-69	Harriet Bure	3:42.30	2013-09-04	SWE
70-74	Berit Marx Pedersen	4:05.63	2023-05-29	DEN

200m medley

25-29	Marina Heller Hansen	2:24.07	2019-08-15	DEN
30-34	Marina Heller Hansen	2:22.40	2024-02-28	DEN
35-39	Mari Ääri	2:31.00	2017-10-28	FIN
40-44	Satu Rahkonen	2:33.37	2019-10-26	FIN
45-49	Anette Philipsson	2:34.17	2010-08-03	SWE
50-54	Anette Philipsson	2:35.61	2016-05-25	SWE
55-59	Torill Bergesen	2:51.88	2012-06-13	NOR
60-64	Margit Ohlsson	3:03.33	2006-08-07	SWE

NORDISKA MASTERSREKORD

2024-03-27

50m bana / Long Course

65-69	Margit Ohlsson	3:08.78	2011-09-05	SWE
70-74	Margit Ohlsson	3:16.45	2015-05-08	SWE
75-79	Grethe Bendtsen	3:53.65	2006-08-05	DEN
80-84	Grethe Bendtsen	4:25.99	2010-08-07	DEN

400m medley

25-29	Marina Heller Hansen	5:08.37	2019-08-14	DEN
30-34	Marina Heller Hansen	5:04.71	2024-02-03	DEN
35-39	Åsa Neij	5:20.69	2010-08-02	SWE
40-44	Satu Rahkonen	5:26.52	2019-10-25	FIN
45-49	Satu Rahkonen	5:34.43	2023-10-27	FIN
50-54	Anette Philipsson	5:47.16	2016-11-18	SWE
55-59	Ulla Hurula	6:08.06	2020-10-23	FIN
60-64	Ulla Olin	6:54.51	2023-05-29	DEN
65-69	Berit Marx Pedersen	8:09.28	2018-06-16	DEN
70-74	Berit Marx Pedersen	8:30.55	2023-05-29	DEN
75-79	Birthe Møller Jensen	10:14.16	2008-05-10	DEN

HERRAR/MEN

50m frisim/free

25-29	Ari-Pekka Liukkonen	22.34	2014-10-25	FIN
30-34	Anders Kilen	24.15	2008-04-18	DEN
35-39	Janne Virtanen	23.79	2001-07-07	FIN
40-44	Andrejs Duda	23.18	2023-08-08	LAT
45-49	Tommy Rundgren	24.68	2016-05-29	FIN
50-54	Tommy Rundgren	25.08	2018-09-04	FIN
55-59	Tommy Rundgren	25.18	2024-02-29	FIN
60-64	Leonard Bielicz	26.78	2012-06-12	SWE
65-69	Leonard Bielicz	27.58	2017-08-17	SWE
70-74	Peter Bergengren	28.85	2008-04-21	SWE
75-79	Anders Söderqvist	31.42	2008-04-21	SWE
80-84	Anders Söderqvist	33.58	2013-09-06	SWE
85-89	Lauri Malk	37.12	2022-11-19	FIN
90-94	Nils Ferm	52.26	2009-08-15	FIN

100m frism/free

25-29	Ari-Pekka Liukkonen	50.81	2014-10-26	FIN
30-34	Claus Lerch Iversen	53.12	2010-08-07	DEN
35-39	Claus Iversen	52.55	2015-08-11	DEN
40-44	Tommy Rundgren	53.31	2009-09-18	FIN
45-49	Tommy Rundgren	55.21	2013-09-05	FIN
50-54	Tommy Rundgren	56.05	2018-09-06	FIN
55-59	Tommy Rundgren	56.31	2024-02-27	FIN
60-64	Juri Logvin	59.10	2022-09-04	FIN
65-69	Leonard Bielicz	1:03.31	2017-08-15	SWE
70-74	Leonard Bielicz	1:07.32	2022-09-04	SWE
75-79	Lauri Malk	1:16.26	2012-10-27	FIN
80-84	Anders Söderqvist	1:18.82	2013-09-05	SWE
85-89	Lauri Malk	1:40.17	2022-11-18	FIN

NORDISKA MASTERSREKORD

2024-03-27

50m bana / Long Course

90-94	Nils Ferm	2:10.91	2009-08-15	SWE
200m frisim/free				
25-29	Eirik Ravnan	1:59.07	2016-04-24	NOR
30-34	Jacob Carstensen	1:53.33	2010-08-07	DEN
35-39	Claus Iversen	1:55.77	2015-08-12	DEN
40-44	Claus Iversen	1:55.75	2017-08-16	DEN
45-49	Claus Lerche Iversen	1:58.96	2022-08-31	DEN
50-54	Juri Logvin	2:08.92	2012-06-12	FIN
55-59	Anders Haglund	2:09.07	2016-05-26	SWE
60-64	Anders Haglund	2:14.69	2022-08-31	SWE
65-69	Ulf Gabrielsson	2:31.46	2013-05-18	SWE
70-74	Ulf Gabrielsson	2:41.68	2018-09-03	SWE
75-79	Lauri Malk	2:43.98	2012-06-12	FIN
80-84	Lauri Malk	2:59.24	2017-08.16	FIN
85-89	Lauri Malk	3:42.01	2022-11-18	FIN
90-94	Nils Ferm	4:28.88	2008-04-20	SWE
400m frisim/free				
25-29	Tapio Roiko-Jokela	4:13.82	2022-08-29	FIN
30-34	Jacob Carstensen	4:01.70	2012-06-16	DEN
35-39	Claus Iversen	4:10.15	2012-06-16	DEN
40-44	Jacob Carstensen	4:14.71	2018-06-17	DEN
45-49	Håkon Skaarud Karlsen	4:29.97	2024-02-28	NOR
50-54	Ola Selvrenius	4:37.18	2016-02-27	SWE
55-59	Anders Haglund	4:41.99	2016-05-27	SWE
60-64	Anders Haglund	4:54.00	2022-08-29	SWE
65-69	Ulf Gabrielsson	5:26.76	2013-09-02	SWE
70-74	Lauri Malk	5:47.80	2007-08-31	FIN
75-79	Lauri Malk	6:01.58	2012-06-16	FIN
80-84	Lauri Malk	6:41.12	2017-08-20	FIN
85-89	Lauri Malk	7:45.83	2022-11-18	FIN
90-94	Nils Ferm	9:44.99	2007-07-07	SWE
800m frisim/free				
25-29	Timo Peltola	8:51.75	2011-10-21	FIN
30-34	Janne Soinien	9:21.82	2000-07-30	FIN
35-39	Claus Lerche Iversen	9:04.04	2014-05-10	DEN
40-44	Jacob Carstensen	8:53.09	2018-06-16	DEN
45-49	Håkon Skaarud Karlsen	9:25.84	2024-02-26	NOR
50-54	Erlend Alstad	9:39.02	2017-08-14	NOR
55-59	Erlend Alstad	9:53.46	2022-05-08	NOR
60-64	Anders Haglund	10:04.98	2022-08-28	SWE
65-69	Conny Mindemark	11:12.85	2022-08-28	SWE
70-74	Lauri Malk	12:06.89	2007-08-28	FIN
75-79	Fin Biering-Sørensen	12:40.97	2023-05-28	DEN
80-84	Lauri Malk	13:52.85	2017-08-14	FIN
85-89	Lauri Malk	15:52.64	2022-11-18	FIN
90-94	Nils Ferm	19:36.32	2007-08-28	SWE

NORDISKA MASTERSREKORD

2024-03-27

50m bana / Long Course

1500m frisim/free

25-29	Timo Peltola	16:43.74	2011-10-21	FIN
30-34	Jan Boier Pedersen	18:26.83	2014-05-04	DEN
35-39	Håkon Skaarud Karlsen	17:49.12	2016-04-22	NOR
40-44	Håkon Skaarud Karlsen	17:41.27	2019-10-25	NOR
45-49	Erlend Alstad	18:31.81	2015-04-24	NOR
50-54	Ola Selvrenius	18:19.99	2019-10-25	SWE
55-59	Erlend Alstad	18:56.47	2022-05-05	NOR
60-64	Robert Jakubek	21:23.47	2019-10-25	SWE
65-69	Conny Mindemark	21:55.43	2023-10-27	SWE
70-74	Fin Biering-Sørensen	23:35.38	2018-04-14	DEN
75-79	Fin Biering-Sørensen	24:03.80	2023-12-01	DEN
80-84	Lauri Malk	29:16.45	2019-10-25	FIN
85-89	Nils Ferm	32:56.41	2002-10-19	SWE
90-94	Nils Ferm	37:21.89	2007-07-07	SWE

50m ryggsim/back

25-29	Jonas Ulfskans	27.81	2015-11-28	SWE
30-34	Tero Rätty	27.19	2009-09-17	FIN
35-39	Mark Vogel	28.16	2009-09-15	DEN
40-44	Daniel Lönnberg	28.15	2015-11-28	SWE
45-49	Janne Virtanen	29.52	2011-09-07	FIN
50-54	Janne Virtanen	29.97	2015-08-13	FIN
55-59	Janne Virtanen	31.13	2019-08-18	FIN
60-64	Juha Livonen	33.69	2019-08-18	FIN
65-69	Kjell Hanserius	35.71	2013-09-04	SWE
70-74	Kjell Hanserius	37.42	2018-09-07	SWE
75-79	Eric Forslund	40.35	2012-06-12	SWE
80-84	Erik Forslund	41.98	2017-08-20	SWE
85-89	Lauri Malk	49.01	2022-05-21	FIN
90-94	Nils Ferm	56.69	2008-04-24	SWE

100m ryggsim/back

25-29	Niklas Kust	1:01.60	2017-11-24	SWE
30-34	Mark Vogel	1:00.13	2000-08-01	DEN
35-39	Mark Vogel	1:00.34	2009-09-15	DEN
40-44	Mark Vogel	1:01.98	2011-05-07	DEN
45-49	Mark Vogel	1:06.00	2019-10-26	DEN
50-54	Janne Virtanen	1:07.16	2015-08-15	FIN
55-59	Janne Virtanen	1:12.07	2021-05-22	FIN
60-64	Ebbe Rasmussen	1:14.66	2009-09-15	DEN
65-69	Ebbe Rasmussen	1:20.25	2014-08-08	DEN
70-74	Kjell Hanserius	1:24.23	2017-08-19	SWE
75-79	Fin Biering-Sørensen	1:35.70	2023-06-17	DEN
80-84	Erik Forslund	1:38.88	2017-08-19	SWE
85-89	Nils Ferm	1:53.16	2002-03-30	SWE
90-94	Nils Ferm	2:07.37	2008-04-23	SWE

200m ryggsim/back

25-29	Jacob Lercke Skytte	2:11.89	2013-09-05	DEN
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50m bana / Long Course

30-34	Mark Vogel	2:08.11	2000-07-30	DEN
35-39	Mark Vogel	2:13.48	2006-08-05	DEN
40-44	Mark Vogel	2:12.77	2010-08-07	DEN
45-49	Mark Vogel	2:17.13	2015-08-11	DEN
50-54	Erlend Alstad	2:31.77	2017-05-06	NOR
55-59	Erlend Alstad	2:36.37	2022-36-37	NOR
60-64	Veikko Mattola	2:49.86	2016-05-28	SWE
65-69	Martti Laajus	2:56.38	2017-05-20	FIN
70-74	Martti Laajus	3:07.77	2022-09-01	FIN
75-79	Ivar Wallmark	3:27.98	2018-02-17	SWE
80-84	Lauri Malk	3:42.58	2018-10-28	FIN
85-89	Nils Ferm	4:09.97	2002-03-27	SWE
90-94	Nils Ferm	4:32.63	2009-09-18	SWE

50m bröstsim/breast

25-29	Ossi Oksa	28.18	2015-10-24	FIN
30-34	Ossi Oksa	28.96	2018-10-27	FIN
35-39	Petteri Lehtinen	29.57	2009-09-16	FIN
40-44	Stefan Scherling	30.12	2016-11-18	SWE
45-49	Stefan Scherling	29.97	2017-08-20	SWE
50-54	Glen Christiansen	31.50	2009-09-06	SWE
55-59	Glen Christiansen	32.23	2012-06-12	SWE
60-64	Matti Nikula	34.45	2022-09-02	FIN
65-69	Albert Kostitsin	36.54	2007-08-29	FIN
70-74	Rolf Tegeback	37.77	2018-06-09	SWE
75-79	Hannu Kuokkanen	41.69	2023-10-29	FIN
80-84	Torsten Laakso	47.87	2010-08-03	FIN
85-89	Bengt Ager	58.88	2014-11-28	SWE
90-94	Sverre Bryne	1:17.29	2010-08-03	NOR

100m bröstsim/breast

25-29	Niklas Hedegaard	1:03.56	2018-07-01	DEN
30-34	Jacob Carstensen	1:04.91	2010-08-07	DEN
35-39	Petteri Lehtinen	1:09.27	2008-10-26	FIN
40-44	Stefan Scherling	1:08.17	2016-11-19	SWE
45-49	Stefan Scherling	1:08.80	2018-09-07	SWE
50-54	Glen Christiansen	1:10.09	2009-09-05	SWE
55-59	Glen Christiansen	1:13.42	2012-06-11	SWE
60-64	Albert Kostitsin	1:18.28	2002-03-27	FIN
65-69	Albert Kostitsin	1:22.89	2007-08-30	FIN
70-74	Hannu Kuokkanen	1:28.43	2018-10-28	FIN
75-79	Matthias Kroner	1:37.04	2018-09-07	SWE
80-84	Esko Salonen	1:52.15	2006-10-29	FIN
85-89	Bengt Ager	2:16.69	2014-11-29	SWE

200m bröstsim/breast

25-29	Jacob M Jørgensen	2:18.56	2022-05-01	DEN
30-34	Jacob Carstensen	2:21.43	2012-06-15	DEN
35-39	Glen Christiansen	2:33.21	1995-09-01	SWE
40-44	Jacob Carstensen	2:29.43	2018-06-16	DEN

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50m bana / Long Course

45-49	Glen Christiansen	2:35.11	2002-03-26	SWE
50-54	Erlend Alstad	2:41.24	2017-08-19	NOR
55-59	Glen Christiansen	2:43.68	2012-06-12	SWE
60-64	Glen Christiansen	2:55.68	2017-08-19	SWE
65-69	Glen Christiansen	3:06.83	2022-09-01	SWE
70-74	Hannu Kuokkanen	3:22.11	2018-10-27	FIN
75-79	Matthias Kroner	3:32.74	2018-09-04	SWE
80-84	Esko Salonen	4:08.02	2007-10-27	FIN
85-89	Lennart Ingmo	5:26.27	2004-06-05	SWE

50m fjärilsim/fly

25-29	Linus Magnusson	24.93	2019-08-14	SWE
30-34	Mathias Hageneier	25.54	2011-06-18	SWE
35-39	Jan Karlsson	25.31	2005-08-19	SWE
40-44	Andrejs Duda	24.11	2023-08-07	LAT
45-49	Janne Virtanen	26.91	2009-09-18	FIN
50-54	Tommy Rundgren	26.90	2018-09-06	FIN
55-59	Tommy Rundgren	27.19	2024-03-03	FIN
60-64	Leonard Bielicz	29.28	2012-10-06	SWE
65-69	Leonard Bielicz	30.24	2017-08-16	SWE
70-74	Leonard Bielicz	32.13	2023-08-07	SWE
75-79	Hannu Kuokkanen	35.68	2023-10-29	FIN
80-84	Lauri Malk	44.19	2018-10-27	FIN
85-89	Lauri Malk	47.15	2022-05-21	FIN

100m fjärilsim/fly

25-29	Niklas Hedegaard	56.26	2018-06-30	DEN
30-34	Mark Vogel	58.28	2000-07-30	DEN
35-39	Claus Iversen	56.72	2015-08-13	DEN
40-44	Andrejs Duda	55.46	2023-08-08	LAT
45-49	Clau Lerche Iversen	59.18	2024-02-29	DEN
50-54	Leonard Bielicz	1:04.23	2005-08-17	SWE
55-59	Leonard Bielicz	1:03.24	2006-08-07	SWE
60-64	Leonard Bielicz	1:07.27	2014-08-06	SWE
65-69	Leonard Bielicz	1:10.44	2016-05-26	SWE
70-74	Hannu Kuokkanen	1:26.38	2018-10-27	FIN
75-79	Lauri Malk	1:31.60	2012-06-13	FIN
80-84	Lauri Malk	1:40.62	2017-08-17	FIN
85-89	Lauri Malk	2:05.56	2022-11-20	FIN

200m fjärilsim/fly

25-29	Frank Byskov	2:12.72	2002-08-18	DEN
30-34	Mark Vogel	2:11.19	2000-08-01	DEN
35-39	Mark Vogel	2:16.80	2009-09-15	DEN
40-44	Claus Iversen	2:09.96	2017-08-19	DEN
45-49	Claus Lerche Iversen	2:16.46	2022-09-02	DEN
50-54	Oddvar Sandvin	2:31.38	2016-05-27	NOR
55-59	Lennart Mentor	2:39.30	2015-08-15	SWE
60-64	Henrik Bodén	3:07.73	2019-10-27	SWE
65-69	Glen Christiansen	3:03.10	2022-09-02	SWE

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50m bana / Long Course

70-74	Lauri Malk	3:31.55	2010-08-05	FIN
75-79	Lauri Malk	3:33.50	2012-06-15	FIN
80-84	Lauri Malk	4:00.10	2017-08-19	FIN
85-89	Lauri Malk	4:56.04	2022-11-19	FIN

200m medley

25-29	Jacob Lercke Skytte	2:11.46	2010-08-07	DEN
30-34	Jacob Carstensen	2:07.38	2010-08-07	DEN
35-39	Claus Iversen	2:12.37	2012-06-13	DEN
40-44	Claus Iversen	2:13.45	2017-08-17	DEN
45-49	Claus Lerche Iversen	2:16.60	2022-08-31	DEN
50-54	Erlend Alstad	2:24.54	2017-08-17	NOR
55-59	Erlend Alstad	2:30.57	2022-06-18	NOR
60-64	Bo Hyllested	2:47.10	2010-08-07	DEN
65-69	Glen Christiansen	2:48.87	2022-08-31	SWE
70-74	Hannu Kuokkanen	3:05.54	2018-10-27	FIN
75-79	Lauri Malk	3:33.68	2012-10-27	FIN
80-84	Lauri Malk	3:54.44	2018-10-27	FIN
85-89	Lauri Malk	4:41.09	2022-11-19	FIN

400m medley

25-29	Tapio Junninen	4:51.42	2020-10-23	FIN
30-34	Janne Haapaniemi	5:04.42	2012-06-12	FIN
35-39	Claus Iversen	4:47.06	2012-06-12	DEN
40-44	Claus Lerche Iversen	4:48.94	2019-08-14	DEN
45-49	Claus Lerche Iversen	4:56.85	2024-03-03	DEN
50-54	Erlend Alstad	5:08.23	2017-08-16	NOR
55-59	Erlend Alstad	5:17.57	2022-05-07	NOR
60-64	Hannu Kuokkanen	6:23.31	2010-10-31	FIN
65-69	Svein Erik Nymo	6:33.38	2024-03-03	NOR
70-74	Hannu Kuokkanen	6:40.78	2018-10-26	FIN
75-79	Lauri Malk	7:37.46	2012-10-26	FIN
80-84	Lauri Malk	8:31.60	2017-10-27	FIN
85-89	Lauri Malk	9:39.12	2022-11-19	FIN